REGULAR DONATION

Please fill in the whole form and send it to: Self Help Africa, Westgate House, Hills Lane, Shrewsbury SY1 1QU



Full Name:			
Address:			
		F	Postcode:
Tel:		Email:	
	area. Simply let us know if we ma O by email O by phor	y contact you: ne	onations, our fundraising campaigns and
By Direct Do	oit l'd like to give: 000	Octo Occ	20 Oother £
By Direct Debit I'd like to give: O£8 O£12 O£20 O other £ Omonthly Oquarterly Oannually starting on the 17 th of(month)			
Officially (Jquarterly Carridally start	ing on the 17	OI(ITIOTILIT)
	your Bank or Building Society to ss of your Bank/Building Society	pay by Direct [Debit
To: The manage	r Bank/B	uilding Society	Service user number
Address		4 3 0 0 1 5	
			Reference (to be completed by Self Help Africa)
			Instruction to your Bank or Building Society to
Postcode		pay by Direct Debit: Please pay Self Help Africa (UK) Direct Debits from	
Name(s) of Account Holder(s)		the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with Self Help Africa (UK) and, if so, details will be passed electronically to my Bank/Building Society.	
Branch Sort Cod	de		Signature(s)
Bank/Building So	ciety Account Number	Date	



A Gift Aid declaration allows Self Help Africa to claim an extra 25p for every £1 you give.

By ticking this box, I confirm that I am a UK taxpayer and would like Self Help Africa to claim back the tax on this donation and any donations I make in future, or have made in the past four years. I understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.