

#TREKFEST

# Trek Fest

THE Peaks

1st September 2018

[WWW.TREKFEST.ORG.UK](http://WWW.TREKFEST.ORG.UK)  
01244 676454

**ARE YOU UP FOR THE  
TREKFEST CHALLENGE?**



## THE CHALLENGE - NOW IN ITS 6TH YEAR!

**1ST SEPTEMBER 2018 | LOCATION: THE PEAK DISTRICT NATIONAL PARK, DERBYSHIRE | DISTANCE: 25KM OR 50KM**

TrekFest is the UK's ultimate trekking challenge. Take on an epic trek through open countryside in The Peak District National Park, Derbyshire, walking side by side with hundreds of likeminded individuals all with the same goal in mind - to cross the finish line.

Taking on TrekFest is no walk in the park by any means - it's tough and set to challenge you by pushing you further, beyond your limits, both mentally and physically. Determination is a must but with the right training it is achievable, as thousands of trekkers over the last five years will testify!

Once you cross that finish line you'll feel an overwhelming sense of achievement and accomplishment that's truly life changing and you'll have made memories to last a lifetime.

You can choose to walk it, run it or jog it.

TrekFest is designed to suit everyone from trekking beginners to elite trail runners. Race for the record, trek to beat the clock or walk at your own pace - the choice is yours!

25km and 50km route options available.

## UNBEATABLE SUPPORT

Whether you're a solo trekker or looking to sign up as a team with friends, family or work colleagues, the TrekFest crew will be supporting you every step of the way. We take care of everything so you can focus on the challenge at hand; route marking, marshalled and fully stocked checkpoints, medical support, food and refreshments on route – to help you keep putting one step in front of the other until you cross the finish line.

If you are signing up as a team, members can register on either route and can fundraise for the team's chosen charity or their own individual choice.

## THE TREKFEST VILLAGE

All routes start and finish at the The TrekFest Village which is located at Hope Showground, Marsh Farm, Castleton, Derbyshire. There are plenty of facilities available at the event village throughout the weekend – toilets, showers, camping plots and food & drink. Join us for a delicious BBQ and a drink at the TrekFest bar on the Friday night before the challenge gets underway the next day. Tents and camper vans are all welcome (fees may apply)...so bring your support network and make a weekend of it!

## THE ROUTE - THE PEAKS

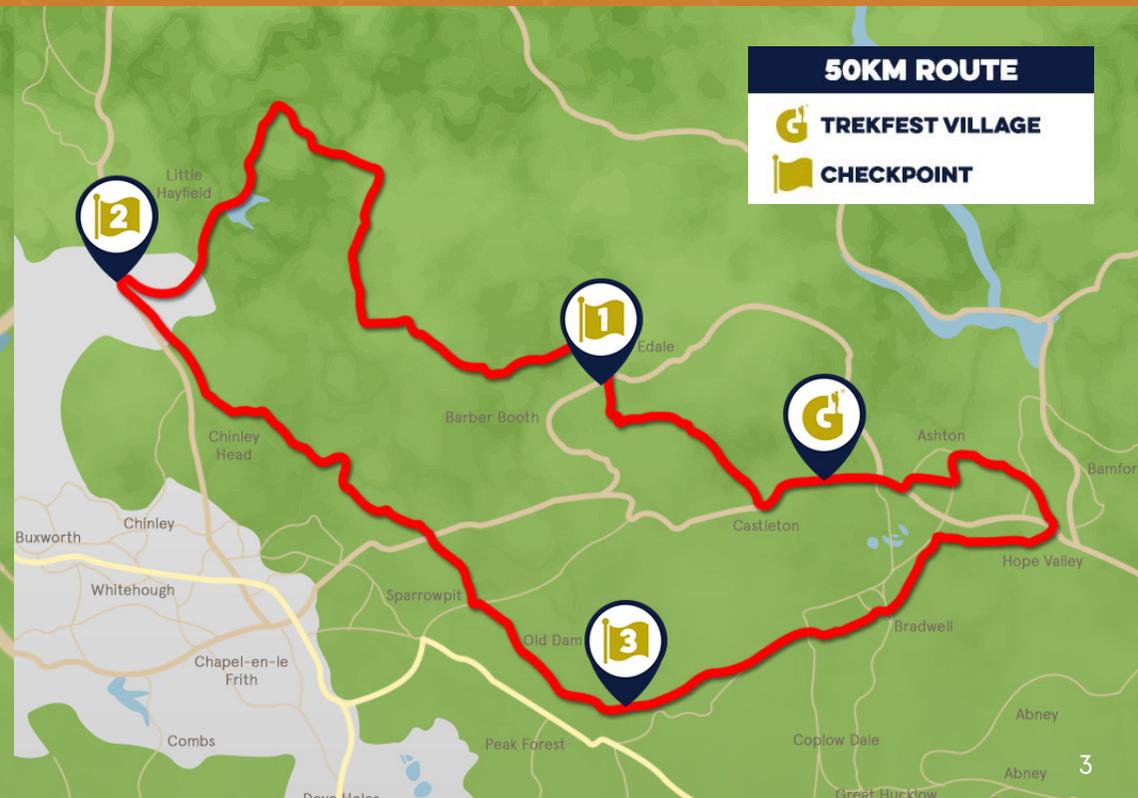
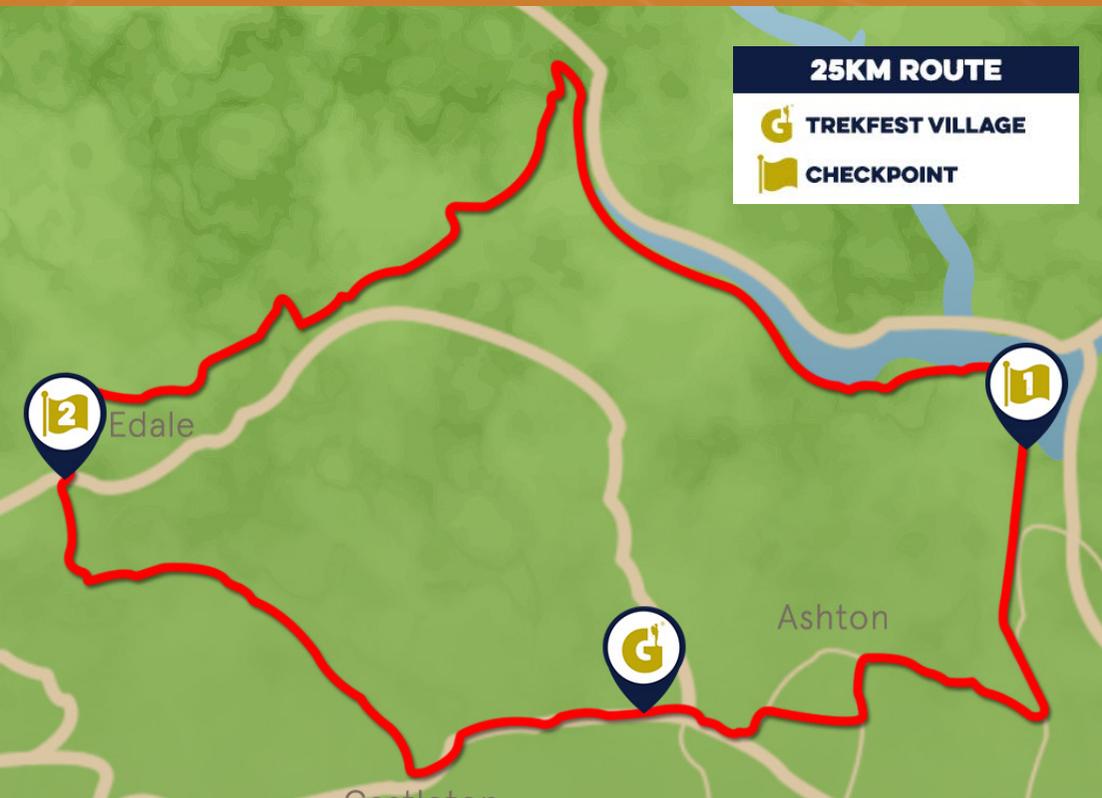
Explore one of Britain's most inspiring National Parks, The Peak District, renowned for its impressive network of footpaths, bridleways and breathtaking views. Both routes start in the beautiful Hope Valley, the 25km route follows part of the beautiful Ladybower reservoir and on the 50km route you'll summit Kinder Scout.

You can see an overview of the routes below – please visit our website [www.trekfest.org.uk](http://www.trekfest.org.uk) to explore the routes in full.

## TREKFEST LEADERBOARD

Think you have what it takes to make the TrekFest leaderboard? Walk, jog or run and beat the clock – can you complete 50km in 12 hours or less, 25km in 6 hours or less, or even break the record for your route? If you're up for an extra challenge, you could set a brand new record and be the first runner to take on the 50km route!

Route	Time (Walking)	Time (Running)
25km	4hrs 50 mins	3hrs 36mins
50km	7hrs 26 mins	-



# WHAT'S INCLUDED?

## WITH YOU EVERY STEP OF THE WAY

As soon as you register for TrekFest we will be there supporting you every step of the way. Organising endurance challenge events is our thing so if you have any questions or concerns just get in touch - we're here to help.

### BEFORE

- Clothing & equipment lists
- Training guide
- Route information
- Fundraising tips
- 15% discount at Cotswold Outdoors
- Access to the TrekFest Facebook community
- Access to Participant Area on TrekFest website

### DURING

- Fully signposted route
- Medical support
- Route guides
- Water, fruit and snacks at marshalled checkpoints
- Hot meal (for 50km TrekFesters only)
- Timing chips
- Marshals and sweep walkers on the route
- Unbeatable support from the TrekFest crew

### AFTER

- Conquerors medal
- Conquerors t-shirt
- Hot meal
- Massage
- Hot showers
- Celebratory drink

## MAKING A DIFFERENCE WITH EVERY STEP

Since its launch in 2013 thousands of individuals have taken on the TrekFest challenge - helping to raise over £1.5 million for charities nationwide. We encourage participants signing up to raise funds for charity regardless of which payment option you choose.

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*"I chose to do TrekFest as part of my Year of Fundraising for Longfield Hospice who have supported me so much since my breast cancer diagnosis in March 2015. It was one of the best weekends I've had, I was pushed to the limit and currently walking like someone of 90 but every ache and pain was worth it. From the first enquiry right through the trek and since it has been a brilliantly organised event and everyone was so welcoming and friendly throughout. Such a special thing to be a part of and without doubt we will return next year - maybe even to do the 50km! Thank you to everyone at GAC."*

**Julie Jenner, TrekFest Conqueror 2017**

## WE ARE...



We're experts when it comes to organising worldwide charity challenge events. Since the year 2000 we have taken thousands of individuals on adventures all over the world, helping them fulfil their dreams and ambitions whilst raising millions of pounds for UK registered charities. We're based in Chester, and work in over 30 destinations across the globe. Working with the very best local ground operators, we offer challenges that take you off the tourist trail to discover true culture and adventure.

The TrekFest crew is made up of dedicated Global Adventure Challenges staff, experienced mountain and challenge leaders. Our event crew will follow the TrekFesters and work with First Aid services to ensure your continued safety throughout the challenge.

## MAKING A DIFFERENCE WITH COMPANY TEAMS - GET YOUR WORKPLACE INVOLVED

Taking part in TrekFest will not only build a sense of team spirit between your employees, but also gives you the opportunity to support your chosen charity of the year, and aids your Corporate Social Responsibility goals.



## HOW TO REGISTER

The sooner you register, the more you save – plus the sooner you can start training and fundraising! Early birds get a discount on the registration fee so it pays to sign up sooner rather than later! Just head over to [trekfest.org.uk](http://trekfest.org.uk) to get signed up.

## PAYMENT OPTIONS EXPLAINED

**OPTION A** – You pay the registration fee when booking your place on the challenge, and then agree to raise the minimum amount of sponsorship for a charity of your choice. Your charity will then pay the additional challenge balance on your behalf. 50% of your minimum sponsorship must be received by your chosen charity 6 weeks before the challenge. The remaining 50% of your sponsorship must be sent to your charity no later than 4 weeks prior to the challenge.

**OPTION B** – You pay the registration fee when booking your place, and then agree to pay the additional challenge balance no later than 4 weeks before the challenge. With this option you don't have to commit to raising a set amount of sponsorship. We'd still encourage you to support a charity of your choice and raise as much as you possibly can!

**OPTION C** – You pay the total discounted cost of the challenge in full when you book your place on the challenge. Again although there is no minimum sponsorship requirement, we'd still encourage you to raise funds for a charity of your choice!

## CHALLENGE COSTS

The tables below detail the exact costs for each payment option available. Please note, all registration fees are non-refundable.

### PAYMENT OPTION A & B

Route	Early Bird 1 Registration Fee Until 30 November 2017	Early Bird 2 Registration Fee From 1 December 2017 to 31 March 2018	Standard Registration Fee From 1 April 2018 onwards	Payment Option A Minimum Sponsorship requirements	Payment Option B Challenge balance amount
25K	£40.00	£50.00	£60.00	£180.00	£55.00
50K	£50.00	£60.00	£70.00	£330.00	£100.00

### PAYMENT OPTION C

Route	Early Bird 1 Registration Fee Until 30 November 2017	Early Bird 2 Registration Fee From 1 December 2017 to 31 March 2018	Standard Registration Fee From 1 April 2018 onwards
25K	£85.00	£95.00	£105.00
50K	£140.00	£150.00	£160.00

# FAQS: EVERYTHING YOU NEED TO KNOW

## IS THIS CHALLENGE FOR ME?

**ABSOLUTELY!** The minimum age requirement is 18 years old for the challenge, though 14–17 year olds can take part with a parent or guardian. Whether you're looking to take part as a solo trekker or as part of a team you will be amongst like-minded individuals with team spirit flying high.

## CAN I RUN TREKFEST?

Of course, if running is more your thing you are welcome to run/jog TrekFest! Why not see if you can beat the clock and make the TrekFest leaderboard?!

## HOW FIT DO I NEED TO BE?

The routes are designed to be challenging, and you'll experience different terrain than you're used to day-to-day and there will be different elevations en route. Health and safety is our number one priority so participation in the event is subject to completion of a medical declaration. A full training guide is available to download via the TrekFest website. We also run training weekends – a fantastic opportunity to meet other challengers and train together prior to the event.

## DO I NEED SPECIALIST KIT?

A full kit list is available to download via the TrekFest website, but it is vital that you wear suitable trekking footwear. The route is fully signposted, but you are required to carry a route guide as part of our safety procedures.

## WILL THERE BE FOOD AND DRINK AVAILABLE?

Food and drink are readily available to buy at the TrekFest Village throughout the weekend, this includes a BBQ on the Friday night before the challenge. Water and snacks are available on the trek at checkpoints and there is a food stop halfway for the 50km TrekFesters only. All participants receive a hot meal once they cross the finish line. Please note breakfast on the Saturday morning before the challenge is not included, you will have to pay for this separately. We cater for all dietary requirements providing we know in advance, just fill out the relevant section on your registration form.

## I'M TAKING PART AS AN INDIVIDUAL AND A BIT NERVOUS ABOUT TREKKING ON MY OWN, ANY ADVICE?

Join our TrekFest community on Facebook and get chatting to fellow TrekFesters! Many of our challengers arrange to meet for training walks ahead of the challenge, and on the challenge itself. There will be many other individuals taking part in the event who you can join and share the experience with – the camaraderie amongst our TrekFesters is second to none. The TrekFest crew will also be there supporting you along the way!

## CAN I BRING MY DOG?

Unfortunately dogs (aside from assistance dogs) are not permitted on the trek or at the TrekFest Village.

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*“I've just completed TrekFest and had a fantastic time! I was really impressed with the organisation, plenty of pre-event information and a great friendly team to keep you motivated on the day. I would thoroughly recommend TrekFest and look forward to doing more events with Global Adventure Challenges in the future. Thanks to all involved for a really fab weekend!”*

**Debbie Jones, TrekFest Conqueror 2017**

## WHAT SUPPORT IS THERE ON THE EVENT?

This is a fully supported event. There will be a strong support team with professional Global Adventure Challenges leaders. Sweep walkers will bring up the rear of the group, and marshals carrying First Aid kits will be along the route. There is also a First Aid point located at the TrekFest Village and at ALL checkpoints on the challenge. All checkpoints are marshalled.

# FAQS: EVERYTHING YOU NEED TO KNOW



## WHAT HAPPENS IF I GET TIRED?

There are checkpoints along the route for you to rest at and it's not a problem to take more rest stops if you need them - but please be conscious of the time allowed to make it to checkpoints before they close, or you may not be permitted to continue on the challenge for your own safety. If you need to pull out of the challenge you will need to do so at the nearest checkpoint and inform the checkpoint crew, and they will arrange a transfer via a support vehicle back to the TrekFest Village.

## CAN I SUPPORT ANY CHARITY?

Yes, providing we receive their authorisation that they are happy for you to do so. TrekFest is an 'Open Challenge' which means each participant and team are free to support a UK registered charity of their choice.

## I'M WORRIED I WON'T RAISE THE MINIMUM SPONSORSHIP - ANY ADVICE?

Once you have signed up you'll receive a fundraising pack from your chosen charity to help you with your fundraising. You'll also receive a few tips and ideas from us to help you on your way.

## I'M INTERESTED - HOW DO I SIGN UP?

You can register online via our website [www.trekfest.org.uk](http://www.trekfest.org.uk). Places are limited and allocated on a first-come, first-served basis. We'll send out all the relevant information to you in the lead up to the event, so be sure to check your email inbox regularly. Your chosen charity will also get in touch to discuss fundraising.

If you have any other questions just get in touch, we're more than happy to help. Please call **01244 676 454** or email [info@trekfest.org.uk](mailto:info@trekfest.org.uk)

Online registration by [active.com](http://active.com)

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*“Everyone works so hard to make these events not only safe... but so much fun as well!”*

**Ashley Morrissey, TrekFest Conqueror 2017**

# ENTER NOW - [WWW.TREKFEST.ORG.UK/REGISTER](http://WWW.TREKFEST.ORG.UK/REGISTER)



Join our Facebook group **TrekFest Peaks 2018** and get chatting to fellow participants, share advice, tips and experiences.



Follow us on Twitter **@GlobalAdv** or **#TrekFest** to find out the latest news and information.



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