



GIFTS OF HOPE

HAPPY MOTHER'S DAY

This gift was made in your name to empower a mother in one of our most vulnerable countries.



Find out more about the impact of this gift on:
www.selfhelpafrica.org

Self Help Africa works with local staff and partners, supporting rural farming communities to grow more food to feed their families and earn a living from their farm, helping to end hunger and poverty for good.

Self Help Africa is an international charity registered in Ireland and the United Kingdom Registered charity number: 6663 (Ireland), and 298830 (UK). Self Help Africa is a non-profit 501(c) 3 organisation in the United States.