



# GIFTS OF HOPE

## HAPPY MOTHER'S DAY

Since I can't be there to thank you this Mother's Day, I gave this gift to support someone else the way you have always supported me.



Find out more about the impact of this gift on:  
**[www.selfhelpafrica.org](http://www.selfhelpafrica.org)**

Self Help Africa works with local staff and partners, supporting rural farming communities to grow more food to feed their families and earn a living from their farm, helping to end hunger and poverty for good.

Self Help Africa is an international charity registered in Ireland and the United Kingdom Registered charity number: 6663 (Ireland), and 298830 (UK). Self Help Africa is a non-profit 501(c) 3 organisation in the United States.