



**Self Help
Africa**

GLOBAL AWARENESS



ANNUAL SCHOOL BULLETIN 2017–2018



LET US WORK WITH YOU THIS YEAR

We've been bringing global issues into classrooms in Ireland for nearly 15 years.

Our award-winning Development Education programme provides **workshops, class talks, exhibitions** and other activities to post-primary schools across the country.

Our aim is to collaborate with schools and teachers, and contribute to your efforts to inspire students - the next generation of decision makers - to be informed, passionate and motivated to make the world a better place.

The Self Help Africa Development Education team are here to help you and your students; to fire the enthusiasm and challenge the stereotypes around issues ranging from **ethical trade** and **gender equality** to **social justice** and the **eradication of extreme poverty** in our world.

We're available to visit your school and work with you and your students on these and other topics.

We've designed a whole new set of **resources, worksheets** and **videos** to support our work, and would love the opportunity to share these with you.

Our Development Education workshops are ideally suited to **Transition Year** students, but they can also be presented to other year groups, across subjects as diverse as **Geography, CSPE, Religion** or **Sciences**. With the latter, we'd be happy to speak to you and/or your students about opportunities to work with us on projects for the **BT Young Scientist and Technology Exhibition**, where our Irish-Aid funded 'Science for Development Award' remains one of the most sought after prizes.



HOW YOU CAN HELP

The work of Self Help Africa's Development Education team is to inform and inspire young people to become active and engaged citizens.

Today's students will be the decision makers of the future. We believe it's vital that young people are aware and informed about current global issues, and are prepared to harness their youthful idealism for the benefit of others.

Our school visits and workshops are entirely free of charge.

However, we also encourage schools and students to think about the different ways that they can help us in our work. This might include:

- Sharing information about our work to schoolmates, family and friends
- Joining the growing Self Help Africa following on
Facebook @SelfHelpAfrica
Instagram @self_help_africa
Twitter @selfhelpafrica
engaging with our content and sharing to your contacts.
- Choose to support Self Help Africa when you're raising funds at school.

SCIENTIFIC ANSWERS FOR AFRICA

Budding biologists, promising physicists and inspired young inventors have joined our annual school study visits to Africa for over a decade.

It's all made possible through the **BT Young Scientist and Technology Exhibition**, where adjudicators pick a project that they believe could provide an answer to a challenge faced by people in poorer parts of the world.

Past winners have included the inventors of **fuel stoves**, designers of **solar powered seed storage** units and of **water purification** equipment. Other successful projects have looked at the challenges of **childbirth**, **hunger** and **agricultural** production.

This award at the BT Young Scientist Expo is sponsored by **Irish Aid**, and funds the travel costs for a student and teacher to travel to Africa to carry out further project research.

If your school has projects entering the BT Young Scientists Exhibition, and you think their project might have a particular development focus, please get in touch. We can provide guidance and resources, and help students in their research to craft suitable projects for award consideration next year.



WHAT IS DEVELOPMENT EDUCATION?

In Development Education we seek to raise awareness and understanding amongst students of the rapidly changing, interdependent and unequal world in which we live.

We encourage young people to analyse, reflect and take action in a manner that can transform the social, cultural, political and economic structures which affect their lives and the lives of others.

SCHOOL STUDY VISIT

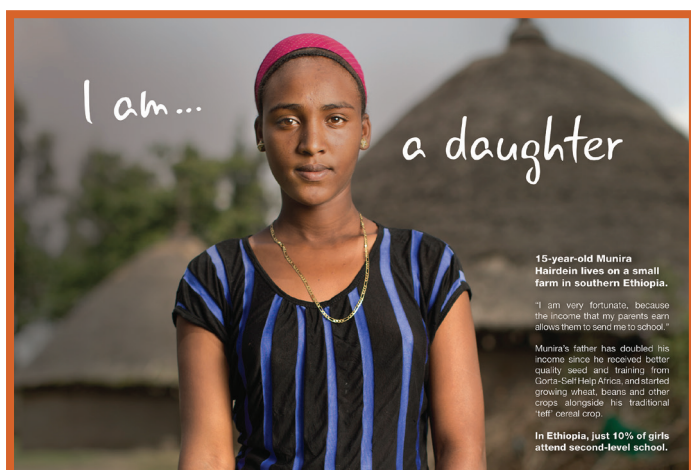
For 15 years, we've been bringing Irish post-primary students and teachers on field visits to Africa.

Our annual school study visit is an opportunity for young people and their teachers to deepen their understanding, and engage in cross-cultural exchanges in Africa.

During the week-long trip, which coincides with mid-term break, participants take part in a range of field visits and activities that allow them to interact and learn more about Africa, its traditions and its people.

Self Help Africa's next trip will take place in Spring 2018, when 20 students and their teachers from six Irish secondary schools will travel. Schools are required to fundraise to cover the cost of this trip, and students are chosen based on an application process.

During the visit, we ask students to keep a record of their experiences, and support them with presentations to classmates, community groups and others upon their return home.



PICTURE THIS?

At Self Help Africa, we really do believe that a picture tells 1,000 words. As part of our Development Education programme, we have put together a number of visually powerful photo exhibitions that are available for you to hang in your classrooms or corridors:

- **"I am..."** is a visual representation of the many roles that women and girls in Africa play.
- **"Coping with Climate"** is a series of visual essays illustrating how people in sub-Saharan Africa are already coping with changes in climate.
- **"Two Villages"** tells the story of villagers in a remote region of Northern Zambia, and how the UN Global Goals relate to their lives.

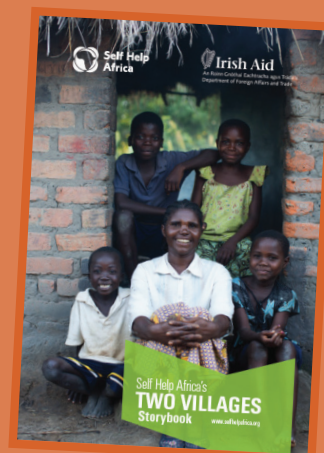
If you're interested in exhibiting one of our striking photo collections in your school, to provoke conversation, discussion or simply as a talking point for students and teachers, please get in contact.

TWO VILLAGES

What is life like in a rural village in a remote part of Africa? Who are the people, what are their stories, and how do their lives change from one year to the next?

For four years, Self Help Africa has followed the lives of the people of Malela and Nsunda villages in Northern Zambia, speaking with members of both communities, and listening to their stories.

We've collected tales of birth and death, sadness and joy, and of success and failure. We've learned that like everywhere else on Earth, life for people in remote parts of Africa rarely follows a straight line from point A to B.



We've drawn on our experiences to create 'Two Villages' – with a website, exhibition and classroom resources providing a window into the lives of the people of Malela and Nsunda. In 2017, the project won a national award for responsible communications.

If you're interested in doing a special classroom project on 'Two Villages', or would like us to give you a presentation about the project, just get in touch.

Check out:
www.twovillages.org
for more information.



Our Workshops

Self Help Africa's school team is available to deliver workshops in your classroom on a range of topics, including: **Food Security, Ethical Trade, Gender Equality and Climate Change.**

These workshops will normally be of two-class period duration and are aimed mainly at Transition Year students, but can be adapted for Religion, Geography, CSPE and a number of other subject areas at both **Junior** and **Senior** level. Our workshops aim to engage students through a variety of activities and themes and help them connect their lives and actions with the wider Global population – in particular with the poorest people on the planet – rural families across Africa.



ETHICAL TRADE, FOOD & WEALTH

This workshop sets the scene for the inequality that exists in our world. Food, wealth and trade will all be explored and solutions examined. Students are encouraged to see themselves as both part of the problem and solution to global inequality.



CLIMATE CHANGE, CLIMATE JUSTICE

Major global issues including Climate Change are examined, with the focus on actions students can take in their lives to create a better world through school, family and personal actions and campaigns.



GENDER & SUSTAINABLE AGRICULTURE

With a more specific look at the work of Self Help Africa, this workshop examines the lives of rural farming families and the issues that have caused poverty. Gender, farming practices and market access are all explored.



SCIENCE FOR DEVELOPMENT

A special workshop designed to support students with science projects that look at development challenges is also available. This is designed specifically for classes and students who are interested in submitting projects to the annual 'BT Young Scientist and Technology Exhibition.' To find out more contact us at the number or mail address below.

We would also be happy to facilitate school workshops that look at the **Sustainable Development Goals** and other topics. All our workshops have an activity-based approach that will involve students in group work, role play, self-reflection, and engender mutual respect. An open space classroom is preferred and access to a data projector would be appreciated.



Contact Us

If you would like to arrange a workshop – get your students involved in thinking about Africa, about gender inequality, climate change, farming & food production, fair trade, or about the efforts that are underway to eradicate hunger and poverty – why not get in touch?

**Just drop a mail to: schools@selfhelpafrica.org,
or call: (01) 6778880 and ask for Dorothy Jacob.**



**Self Help
Africa**



/selfhelpafrica



/selfhelpafrica



/self_help_africa



/selfhelpafrica

Kingsbridge House,
17-22 Parkgate Street,
Dublin 8, Co. Dublin,
Tel. +353 (0)1 6778880