

GREAT ETHIOPIAN RUN 2017



Self Help Africa has been working in Ethiopia for 30 years. We focus primarily on agriculture because we know that that is the area where we can have the biggest impact.

We support farmers like Shifine, who was able to send her children to school with the profit earned from trading vegetables produced on her small farm.

To find out more visit:
www.selfhelpafrica.org



**Self Help
Africa**

DECADES OF EXPERIENCE
IN AFRICA

At Self Help Africa, we focus our attention and resources primarily on rural farm families – because that's where we can make the greatest impact.

80% of African people rely on farming for their survival and most of these live on small farms, which have potential to produce **MORE FOOD** and provide a **BETTER LIVING**.

For 30 years, Self Help Africa has walked step for step with agricultural and rural communities in Africa – **this investment makes SENSE and we know it WORKS!**



SPONSORSHIP CARD

GREAT ETHIOPIAN RUN 2017

*"It is the trip of a lifetime and an incredibly rewarding and wonderful experience.
The work that Self Help Africa do in Ethiopia is truly life giving and life changing"*

- Orla Curran, trip participant



**Self Help
Africa**

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Registered charity number: 6663