

Hadrian's Wall

The challenge of a lifetime...
...for the charity of your choice

Trek



**25 miles along this magnificent Roman wall -
when will you plan your invasion?**



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www.globaladventurechallenges.com



**GLOBAL
ADVENTURE
CHALLENGES**
UK SERIES

**A challenging walk, stunning backdrop
and fascinating history - come and
conquer Hadrian's Wall!**

Your trekking challenge...

... is to trek 25 miles along Hadrian's Wall – one wall, one epic adventure in just one weekend! Our trek takes us from Lanercost Priory to Brocolitia in an easterly direction, encompassing some breathtaking views and fascinating ruins. The most remarkable Roman monument in the country, now a UNESCO World Heritage Site, Hadrian's Wall cuts through Northumberland National Park and attracts trekkers from far and wide. The challenging walks, filled with a stunning backdrop and fascinating history make this an amazing weekend challenge.

To follow in the footsteps of the Roman legions simply visit our website at www.globaladventurechallenges.com and register online or complete the enclosed registration form and send it back to us along with your registration fee at the following address:

**Global Adventure Challenges,
Red Hill House, Hope Street, Saltney, Chester, Cheshire, CH4 8BU.**





Your itinerary...

Day 1

We meet at our campsite near Haltwhistle early evening for a group meal and event briefing. Pick ups from Haltwhistle Train Station can also be provided. After getting acquainted over a few glasses of wine, we get our heads down for the night and prepare for our challenge tomorrow!

Day 2

Lanercost Priory to Camp

After breakfast we take the short transfer to Lanercost Priory where our trek begins! Walking eastwards, we follow a minor road passing through various villages, and then we encounter our first large ruin – Birdoswald Roman Fort, situated above the charming town of Gilsland. Following our lunch our trek today is quite demanding as we are gradually ascending as the day progresses. The breathtaking views across Northumberland National Park are well worth putting in the effort though.

We continue striding along some of the most beautiful and visible sections of the wall and finally trek straight into our campsite for a well deserved dinner and overnight.

Distance trekked – approx. 15 miles

Day 3

Camp to Brocolitia

Following our breakfast we walk straight from our tents back to the Wall where we continue trekking eastwards. It's not long before we're trekking on the Northumberland highlands, which overlook spectacular cliff tops and stunning countryside. We pass several lakes and crags, which add some adventure to our challenge!

Following our lunch near Housestead Roman Fort, we push on. The trail today, just like yesterday, doesn't get any easier, undulating all the way until we reach Brocolitia – a 3rd century mithraeum outside the

Carrowburgh fort, which was the largest of such buildings to occupy the site. The 'finish' banners will be held high to celebrate our accomplishment and there will be time for celebratory photos before transferring back to our campsite for farewells and goodbyes following a very rewarding weekend challenge!

Distance trekked – approx. 10 miles

(Itinerary correct at time of printing, and strictly subject to change)



Your questions answered...

Is this trip for me?

ABSOLUTELY! This trekking challenge is suitable for people of all ages (minimum 18 years old). The one thing everyone will have in common is a great sense of adventure and the desire to help their favourite charity. Most people will sign up as individuals meaning you will all be in the same situation!

How fit do I need to be?

This trek has been designed to be challenging but achievable by anyone as long as you fitness train beforehand. Remember, you are trekking for 2 consecutive days, covering approximately 25 miles so expect to be trekking for about 7-8 hrs per day – the fitter you are the more you will enjoy this challenge. Trekking training tips can be found on the Global Adventure Challenges website to put you in the right direction.

Where will we stay?

We will stay in a local campsite under canvas – remember this is a challenge! All accommodation has washing facilities available. It will be 2 people to a tent in comfortable and spacious 3 man tents.

Do I need specialist kit?

We will supply you with a kit list of what to take once you register to take part. Apart from some broken in trekking boots and maybe some trekking poles you do not need any specialist kit.

Do I have to carry my own luggage?

No. Your main luggage will be left in the campsite. You will need to carry a small day pack while trekking to carry items such as camera, sun-screen, energy snacks etc.

Food matters...

All meals will be provided from dinner on day 1 through to lunch on day 3. Whilst trekking we will be eating packed lunches. We cater for all dietary requirements as long as we know in advance – just fill in the appropriate section on your registration form enclosed.

What's included?

Tented accommodation on day 1 and 2 of the challenge, all meals from dinner day 1 through to lunch on day 3, qualified Global Adventure Challenges leaders, vehicles for back up and support, medical support.

What's not included?

Alcoholic drinks and tips, personal kit (trekking boots, poles etc), private travel insurance, sleeping bag and sleeping mat.

What sort of back-up is there?

There will be a strong support team with professional Global Adventure Challenges leaders. Full, comprehensive first aid kits will be taken and we are never too far away from hospitals if needed. Mobile phones and radio aids will be used to ensure our safety and security at all times.

What happens if I get tired?

There will be regular rest stops for drinks and snacks – there is no problem if you need to take more rest stops. A guide will be bringing up the rear of the group ensuring no-one is left alone – remember though, this is not a race!

How do I go about raising the sponsorship?

Once you have signed up you will receive a fundraising pack from your charity in order to make your fundraising as easy as possible. You will also receive a few tips and ideas from Global Adventure Challenges to help you on your way.

I'm interested... what do I do now?

Places are limited and go on a first come, first served basis, so try to register as soon as you can! You will need to fill in the enclosed registration form and medical questionnaire and post it back to us along with the registration fee, or register online at www.globaladventurechallenges.com – all payment options and costs are explained on the enclosed information sheet. Once your registration is received, Global Adventure Challenges will write to you sending you further information on what to expect from this awesome adventure! Your charity will also be in touch with you to discuss your fundraising.

Plan your invasion and conquer the wall!

Register online today!

www.globaladventurechallenges.com



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