



Promise and Prime Ndisasirwa.

Will you leave a **Lasting Legacy?**

www.selfhelpafrica.org

A MESSAGE FROM UGANDA



In Uganda, we are indebted to the many generous people in Ireland who support our work by leaving a legacy.

This support, in death, as in life, allows us to achieve so much, and transform the lives of vulnerable and poor families across our country.

When we receive a donation from the will of a person that has passed

away we recognise that it is a very special gift, and we must do the very best that we can to pay honour to the memory of that person. We do that by ensuring that the legacy that is received achieves as much as is possible, and helps to transform lives, and lift people out of poverty in honour of the memory of that very special kindness.

Thank you,

Tony Kisadha
Country Director Uganda



Promise and Prime Ndisasirwa live in South-Western Uganda.



Gastone and Scovia with their daughters Promise and Prime.

THE NDISASIRWA FAMILY - LIVES TRANSFORMED BY A LEGACY

“In the past we might only eat matoke (a cooked starchy porridge) with beans and salt, but now we eat different food. We are healthier because of it,” says Scovia, who’s expecting the couple’s third child.

“We used to take the girls regularly to the health clinic because of illness, but now look at them,” she adds – pointing to her energetic daughters Promise and Prime as they play nearby.

Gastone and Scovia were amongst dozens of households from Kikyenkya village in South-Western Uganda who were trained in household food production. They have learned how to optimise what

they grow on their small plot, and also received seed to allow them to start growing different fruit and vegetable crops.

Not only is the family healthier, but Gastone says he has begun to look at his land in a different way.

“Before, I used to think that this plot was too small to support a family. Now, I am optimistic about the future, especially for my children. I am going to continue working hard. I think we have a very bright future.”

Niamh from Carlow was one of many to leave a legacy gift which transformed the lives of the Ndisasirwa family and many others like them.

HOW YOU CAN PREPARE YOUR WILL

The idea of making a will may seem daunting, but actually it is a swift, simple and inexpensive process. Once it's done it can bring great peace of mind to you and your loved ones. This simple list below can help you in prepare writing your Will.

1. Make a list of all your assets with their approximate value. List any and all your liabilities.
2. Choose the person(s) you would like to look after your financial affairs (your executors). Ensure that the person(s) you select is willing to act in this role.
3. Decide how to divide your assets, bearing in mind your obligations to your nearest and dearest.
4. Visit your solicitor to discuss your plans and to allow him/her to prepare your will. S/he should advise you in terms of the tax implications of leaving legacies to family, friends or charities.
5. For a list of solicitors in Ireland please see www.thelawsociety.ie - phone them at 01 6724800 or email them at general@lawsociety.ie.
6. If you decide to include a gift to Gorta-Self Help Africa, your solicitor can write this into your will.
7. Remember – a gift to a charity in your will is deducted before Capital Acquisitions is applied.
8. If you like – advise Gorta-Self Help Africa that you are leaving us a gift in your will. It will help us to plan for the future and most importantly, give us the opportunity to say thank you – if you would like to remain anonymous or don't want to share your plans – that's fine too!



Legacy giving can provide livestock to families like Promise's.

TYPES OF LEGACIES YOU CAN LEAVE

A Pecuniary Bequest

This is a gift of a specific amount of money. Example: "I give to Gorta-Self Help Africa, of Kingsbridge House, 17-23 Parkgate Street, Dublin 8 registered charity no. 5678 the sum of(in figures) and (amount in words) for the general purposes of the charity and I direct that a receipt of the treasurer or other duly authorised officer of the charity shall be sufficient discharge for my executors."

A Residuary Bequest

A Residuary Bequest – This is a gift of the residue of your estate, or share of the residue after other bequests to your family and friends have been made, and any debts, taxes and expenses have been paid. Example: "I give devise and bequeath... (all / share) of the residue of my estate to Gorta-Self Help Africa, of Kingsbridge House, 17-23 Parkgate Street, Dublin 8 registered charity no.5678 the sum of ... (in figures) and (amount in words) for the general purposes of the charity and I direct that the receipt(s) of the Treasurer or other duly authorised officer of the charity shall be sufficient discharge for my executors."

A Specific Request

A Specific Request – This is the gift of a particular item of value; this could include property stocks, shares, proceeds of a life assurance policy, furniture, jewellery etc. Example: "Give devise and bequeath to Gorta-Self Help Africa, of Kingsbridge House, 17-23 Parkgate Street, Dublin 8 registered charity no.5678 my ...(description of the item) for the purposes of the charity and I direct that a receipt of the Treasurer or other duly authorised officer of the charity shall be sufficient discharge for my executors."

Access to new crops has benefitted the Ndsisibirwa's.



HOW YOU CAN COMPLETE A CODICIL

Even if you already have a will, it is easy to amend it to include a gift to Gorta-Self Help Africa.

All you would need to do is complete a Codicil, which is a supplement which modifies an existing will or allows changes to be made to some existing provisions.

It must be witnessed in its own right and must be kept with your will.

Example

I (your name): _____

Of (your address): _____

Declare this to be a (state whether first or second) codicil dated to full.

Date: _____

To the Secretary for the time being of Gorta-Self Help Africa, of Kingsbridge House, 17-23 Parkgate Street, Dublin 8 registered charity no.56781 leave (amount in words) for the general purposes of the charity.

I direct that the receipt of the Treasurer or other duly authorised officer of the charity shall be sufficient discharge for my executors.

In all other respects, I confirm my said will. In witness whereof I have hereto set my hand this day _____ month _____ of year _____

Signature: _____

Signed by the said Testator and for the first (or second if one codicil already exists) codicil to his / her last will in our presence that as his / her request and his / her presence we have hereunto subscribed our names as witnesses.

Witness no. 1: _____

Witness no. 2: _____

LEGACY CHARTER - OUR PROMISE TO YOU

We fully understand that taking care of your family and your loved ones must always come first.

We recognise that your Will is personal and private to you and we promise you that we will respect your privacy at all times and will act in strictest confidence.

If you specify in your Will how and where you would like your gift to be used by Gorta-Self Help Africa

we will always work to honour your wishes.

We promise you that we will use your gift as carefully and as cost effectively as possible so that it brings maximum impact to the people we work with in Africa.

At any time in the future we recognise that you have the absolute right to change your mind about a gift in your Will to Gorta-Self Help Africa.





PAST GIFTS

Safe drinking water
gifted by a legacy from **Cork**

Drought resistant seeds
gifted by a legacy from **Sligo**

New goats gifted by a
legacy from **Waterford**

A new vegetable garden
gifted by a legacy from **Kerry**

Farming education gifted
by a legacy from **Dublin**

Farm tools gifted by a
legacy from **Louth**

WHO WE ARE AND WHAT WE DO

We are dedicated to ending hunger and poverty in rural Africa.

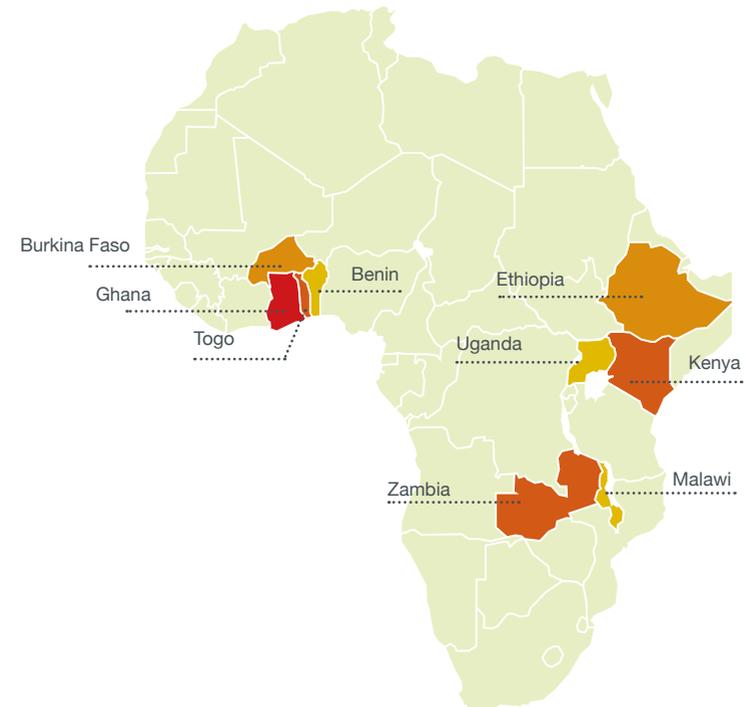
Gorta-Self Help Africa is an Irish charity with expertise in small-scale farming and growing family-farm businesses. Our vision is for an economically thriving Africa, where all have enough food to eat and can provide for their families.

Working with Rural Communities Across Africa

Gorta-Self Help Africa works in nine countries across sub-saharan Africa, tackling poverty and improving the lives of local communities.

We work both with our own African staff, and through local partners to implement more than 60 projects that will end hunger and poverty for hundreds of thousands of rural households, each year.

WHERE WE WORK



Promise and Scovia
prepare dinner for the
family.



**LEAVE A LASTING LEGACY AND
HELP GENERATIONS TO COME...**



NEED MORE INFORMATION OR HELP?



If you would like to meet us or require information on solicitors in your area - we are here to help.

- I've already included Gorta-Self Help Africa in my Will.
- Please contact me about leaving a gift in my Will to Gorta-Self Help Africa.

Contact Louise at **louise.rogan@selfhelpafrica.org**, call **(01) 6778880** or please fill out the form below and send it to:
Gorta-Self Help Africa, Kingsbridge House, 17-22 Parkgate Street, Dublin 8, and we will be in touch.

Name: _____

Address: _____

Phone number: _____

E-mail: _____